

# Participatory Research

Working with vulnerable groups in research and practice

Jo Aldridge, Loughborough University

*"An invaluable resource for researchers and health and social care practitioners. Jo Aldridge distils her extensive experience of working in participatory ways with 'vulnerable' groups into a fascinating and accessible volume, using a range of case studies to offer detailed insights into innovative methods that can enhance autonomy, control and emancipation."* **Professor Jan Walmsley, Open University and London South Bank University**

*"A thoughtful, clearly written book which makes a valuable contribution to knowledge about participatory research with marginalised groups of people. Of particular interest is the application of creative narrative approaches to researching with diverse groups."* **Professor Kelley Johnson, Director Social Policy Research Centre, UNSW Australia**

This book examines the nature of participatory research in the social sciences and its role in increasing participation among vulnerable or marginalised populations.

Drawing on engaging in-depth case studies, it examines the ways in which inclusion and collaboration in research can be enhanced among vulnerable participants, such as those with profound learning difficulties, victims of abuse and trauma and multiply vulnerable children and young people, and shows how useful it can be with these groups.

The book will be an invaluable resource for students, researchers and academics in many countries who want to put participatory research methods into practice.

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